

Learning Styles



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Learning Styles

When your brain receives information it remembers it through five senses:

- Sound (Auditory)
- Sight (Visual)
- Touch (Kinaesthetic)
- Taste (Gustatory)
- Smell (Olfactory)

Through research, learning studies have identified three key learning styles



Kinaesthetic



Auditory



Visual

Learning Styles



Kinaesthetic Learners

- Use phrases such as 'I found it easy to handle', 'that touched a nerve'
- When relaxing, prefer to play games and sport
- Prefer to talk to people while doing something else
- Slow talkers, use gestures and expressions
- Shake hands with people they meet
- If lost or need directions, prefer to be shown the way
- When inactive, cannot sit still for long
- When angry, clench their fists, grit their teeth and storm off
- Reward people with a pat on the back

Information taken from *Learner's pocket book* 2nd Edition by Paul Hayden

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Auditory Learners

- Use phrases such as 'That sounds right', 'I hear what you are saying'
- When relaxing, listen to music or radio
- Prefer to talk to people on the phone
- Enjoy listening to others, but impatient to talk; talk in a rhythmic voice
- Forget faces, remember names
- If lost or need directions, prefer to be told
- When inactive, tend to talk to themselves or others
- When angry, express themselves in outbursts
- Reward people with oral praise
- Do not like reading books or instruction manuals

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Visual Learners

- Use phrases such as 'I see what you mean', 'that looks right'
- When relaxing, prefer to watch a film or video, go to the theatre or read
- Prefer to talk to people face to face
- Are fast talkers, dislike listening to others
- Forget names, remember faces
- If lost or need direction, prefer a map
- When inactive, tend to doodle or watch someone/something
- When angry, are silent and seethe
- Reward people with a note, letter or card
- Are well dressed, tidy and organised

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Learning Styles

Did you find out which learning style you have?

Remember everyone can have a fragment of each!

We hope you enjoy the pre-learning page using your learning style



Kinaesthetic



Auditory



Visual